
P.O.S.T. Instructor Development Training Program

Adult-Based Learning – Level One

2008 Edition



Instructor Development Training Program

This packet has been developed to help you, the student instructor, prepare for the Idaho Instructor Development 40-hour certification course. Successful completion of this course is the first step in becoming a POST certified instructor.

Student Information:

- 1: **This is a five (5) day (40 hour) course. Your attendance is *REQUIRED for the entire 40 hours* to receive credit for this course. There will be a POST roster to sign.**
- 2: **The hours for all five days will be about the same. Refer to the class agenda for scheduling.**
- 3: **This course will be graded by the following methods:**
110 % Class Participation
Student Activities consist of:
 - Successful completion of the pre-course workbook
 - Various in-class group activities
 - Various in-class individual activities
 - A 20-minute presentation using skills learned in Instructor Development, to be given on Friday
 - A written lesson plan, using the POST lesson plan format for the 20-minute presentation given on Friday
- 4: **Student Material REQUIRED to bring for the course:**
 - notepad or paper to take notes on
 - one set of washable white board markers
 - color markers/pens
 - any other items or visual aids that are relevant to the subject you will be teaching, (i.e. video programs, handout material, slides presentation, stencils, rulers, hi-light markers, flip Chart, and any other materials needed to create visual aids)

*** Since you will be required to write a full sentence lesson plan for the 20-minute presentation that you will give on Friday (due by the end of class on Friday), you should consider *bringing a lap top* computer in order to complete this project and to use for taking notes during the week of the class.**

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- 5: Research materials/notes/books/etc-pertaining to the subject you will instructing on. (Also any props you may need for presentations.)
- 6: Subjects: You will be teaching a 20 minute course that can be on **ANY** subject.
- The subject can be law enforcement related, such as ‘patrol procedures’, ‘traffic stops’, ‘crime prevention’, etc.
 - The subject can also be a non-law enforcement topic, such as fishing, kit flying, or any s such hobbies/interest you might have.

(Note: A rule of this class is to have fun, so we suggest you choose a non-law enforcement topic. "When choosing your topic, "you are limited by your own imagination and what is Legal, Ethical, and Moral." Regardless of whether you choose a law-enforcement or non-law enforcement topic, you will be expected to teach using the skills learned in class, so do not try to prepare the lesson plan before class starts!)

- 7: Homework: You **will have homework**, so be prepared.
- 8: Note taking: You **will be required** to take notes during the class.
- 9: Dress standards: For the majority of the class, casual business wear is all that is needed. This is a very fun class, not one of those boring classes, where you sit and an instructor reads off information to you. There is a lot of hands-on, speaking, and moving about.
- 10: The attached Idaho Instructor Development-Instructor Workbook has been developed to help you begin work on your 20-minute presentation to be given on Friday of Instructor Development class.
- The workbook will guide you through writing a goal, five performance objectives, and five multiple choice questions related to your presentation topic.
 - You must complete this workbook before Monday of Instructor Development class, but will given an opportunity to rewrite these lesson plan segments in light of what is learned in class.

Come to have fun, and above all **TO HAVE FUN** and **COME TO LEARN!**

See ya' there!