

POST ACADEMY - Medical Exam Report

Applicant's Name: _____
Last First MI.

Date of Birth: _____
Month Day Year

SSN: _____

To the Applicant: Acceptance to POST Academy requires a complete medical examination be performed by a Licensed Physician or his designee within one year prior to the starting date of the Academy. It is **your** responsibility to make sure all medical forms are completed thoroughly and signed in the appropriate places.

To the examining Physician: The above named applicant has chosen a career as an Idaho Correctional Officer.

A thorough medical examination is required prior to acceptance into the Idaho Police Academy. Correction Officers are **required to participate in vigorous self-defense and physical development exercises** during Academy Training.

Based upon the IDAHO Correctional Officer Job Task Analysis Study, an officer must be able to physically perform the following duties:

Acting alone, this applicant must be able to:

- Negotiate with people
- Interview People
- Move a 76-pound object physically 1 yard
- Pursue people on foot for 51 yards
- Use weaponless force in combat after pursuing a person for 51 yards on foot
- Provide emergency first aid
- Assess Hazards
- Use restraining devices

PHYSICAL ABILITIES: Static, dynamic and trunk strength, extension and dynamic flexibility, manual and finger dexterity, Discharge firearms, arm-hand steadiness, gross body coordination, speed of limb movement and mobility, observation skills

OPERATE: computers, chemical agents, handcuffs, firearms

WORK LONG HOURS IN: darkness, remote areas, hot and cold weather, while seated, standing, bending, reaching, pushing, kneeling, pulling, lifting, turning and standing, turning and sitting, crawling, handling and feeling: emotionally disturbed and hostile people.

FITNESS AGILITY TESTING: Academy students must be able to participate in strenuous fitness agility testing and training which includes the following tests:

880-Yard Walk/Run, Climb 15' Ladder, Move 50lb object 20' and onto a 36" table, Bend down and lock and unlock a box, Slide under a 24" barrier to mid-chest.

An Officer in the Correction Academy must be free of any communicable disease that would be likely to infect others in an academy/dormitory environment.

PLEASE ANSWER ALL QUESTIONS -- INCOMPLETE FORMS WILL BE RETURNED

PHYSICIANS STATEMENT AFTER EXAMINATION;

Please initial the appropriate area:

_____ I, (or my designee) have examined the above named applicant to the Idaho Post Academy and in my opinion find him/her **free of any signs/symptoms of communicable disease likely to infect others in an academy environment.**

_____ It is my opinion that the applicant **IS Physically Able** to perform the full duties required of an officer as outlined above.

_____ It is my opinion that the applicant **IS Not Physically Able** to perform the full duties required of an officer.

_____ It is my opinion that the applicant **IS Not NOW** Physically able to perform the full duties required of an officer.

To become physically able to perform the duties required of an Idaho Law Enforcement Officer,

THIS PERSON MUST:

Signature of Examiner _____ Date of Exam _____

Important!

Type or Stamp Physicians name, address, telephone number in the space below: